

# A Study on Factors Influencing the Acceptance of Self-Service Technologies in the Indian Banking Industry: A Cross-Sectional Analysis

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#### ABSTRACT

This study looks at how different groups of people in India accept Self-Service Technologies (SSTs) used in banks. It uses survey data and analyzes the results using simple statistical methods like t-tests and ANOVA. These tests help find out if people's opinions about SSTs change based on their gender, education level, age, or the region they live in. The study found that there are real differences between these groups. These findings can help banks make better plans to encourage more people to use these technologies by focusing on what each group needs or prefers.

**Keywords:-** Self Service Technologies, Demographic Factors, Acceptance, Influence, Banking, ANOVA, T-Test

#### **INTRODUCTION:**

The banking industry in India has undergone a dramatic transformation with the proliferation of self-service technologies (SSTs) such as ATMs, internet banking, mobile banking, and kiosk machines. These technologies offer customers enhanced convenience, flexibility, and control over financial transactions. However, the success of SST implementation depends significantly on customers' acceptance, which varies across demographic groups. The adoption of such technologies remains uneven due to perceived risks, technology anxiety, varying levels of trust, and differing attitudes toward technology.

Understanding these demographic influences is vital for banks to design inclusive strategies that encourage SST usage. This study aims to explore the impact of gender, age, educational qualification, and regional background on the acceptance of SSTs in India, thereby offering strategic insights into improving service delivery and customer experience.

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#### LITERATURE REVIEW:

Several theoretical frameworks underpin studies of technology adoption. The Technology Acceptance Model (TAM) proposed by Davis (1989) emphasizes Perceived Ease of Use (PEOU) and Perceived Usefulness (PU) as critical determinants of user acceptance. The Unified Theory of Acceptance and Use of Technology (UTAUT) introduced by Venkatesh et al. (2003) extends TAM by incorporating constructs such as Social Influence, Facilitating Conditions, and Performance Expectancy. Additionally, the Innovation Diffusion Theory (Rogers, 1995) and Theory of Planned Behavior (Ajzen, 1991) provide insights into user behavior through social and psychological lenses. Recent models integrate behavioral constructs such as Hedonic Motivation, Perceived Risk, Image, Job Relevance, Voluntariness, and Experience, which further enrich the understanding of SST adoption, especially in diverse socio-economic contexts like India (Venkatesh et al., 2012).

Globally, empirical studies have indicated that demographic factors significantly affect SST adoption. For example, Laukkanen (2016) found that age and education influence mobile banking usage in Finland. Similarly, Zhou et al. (2010) in China observed that trust and perceived risk significantly affect online banking behavior. These studies collectively highlight the importance of contextual and cultural variables in determining SST acceptance. In Western economies, the uptake of SSTs is often driven by convenience, reliability, and security perceptions. However, in emerging economies, adoption is affected by technological literacy, infrastructural limitations, and socio-cultural norms (Alalwan et al., 2018). Therefore, region-specific investigations are essential to understanding SST adoption patterns more effectively.

India's banking sector has rapidly digitized, driven by government initiatives such as Digital India and a burgeoning fintech ecosystem. However, the adoption of SSTs varies significantly across demographic segments. Studies by Gupta and Arora (2017) and Yadav and Mahara (2020) indicate that younger, urban, and more educated populations are more inclined to use SSTs. Resistance among older populations is attributed to lack of awareness, perceived risk, and low digital literacy. Furthermore, factors like Perceived Self-Efficacy, Attitude Toward Use, and Continuance Intentions are found to mediate SST adoption behavior (Rana et al., 2015). Gender differences also emerge in terms of usage frequency and technological



confidence, with male users generally reporting higher engagement with SSTs (Chopra & Madan, 2021).

Demographic-based statistical analysis offers a nuanced understanding of SST adoption. ANOVA (Analysis of Variance) enables researchers to identify significant differences in perceptions and behavior across multiple demographic groups (e.g., age, education, region), while t-tests compare mean differences between binary groups (e.g., gender). Previous research has applied these techniques to reveal that variables such as Awareness, Facilitating Conditions, and Subjective Norms differ significantly across demographics (Ahmed et al., 2019). Such statistical evidence is vital for tailoring digital banking strategies to target specific segments effectively.

While global studies provide robust insights into SST adoption, limited research comprehensively investigates demographic influences in the Indian context using rigorous statistical analysis. There remains a gap in understanding how factors such as Job Relevance, Hedonic Motivation, Perceived Risk, and Voluntariness interact with regional, educational, and gender-based differences. This study seeks to bridge this gap by employing ANOVA and t-tests to uncover significant variations in SST acceptance across different demographic groups within India.

### **RESEARCH METHODOLOGY:**

### **Objectives:**

- 1. To identify the impact of gender on factors influencing the acceptance of SST in the banking industry in India.
- 2. To analyze the influence of educational qualification on SST-related factors in the banking industry in India.
- 3. To examine age-wise variations in acceptance of SST in the banking industry in India.
- 4. To determine the regional differences in factors influencing the acceptance of SST in the banking industry in India.

**Research Design:** Descriptive research design is chosen for research because it describes data and characteristics about the population or phenomenon being studied.

## Data collection:

**Primary Data:** The study is basically dependent on primary data. The required primary data was collected by means of a structured questionnaire (google forms and hard copies), structured/unstructured/semi-structured interviews, and observations.

**Secondary Data:** The secondary data was collected from the national and international Ejournals, Research articles, books and official websites.

### Sampling plan:

**Population-** People of India were the target population of this study.

Sampling Method- Non- Probability Convenience sampling method was used in this research.

Statistical Tools:- M.S. Excel and SPSS

Sample size: 450 respondents participated in the survey.

**Data Analysis Techniques** Independent sample t-tests were used to identify differences by gender, and ANOVA tests were employed to examine the effects of education, age, and regional differences on SST acceptance constructs.

Construct	p-value	Significance	Interpretation			
Technology Anxiety	0.015	Significant	Gender differences exist; males and females perceive differently			
Perceived Trust	0.045	Significant	Males and females have different trust levels			

### Independent Sample T-Test (Gender)



## ANOVA by Education Qualification

Construct	<b>F-value</b>	p-value	Significance	Interpretation
Technology	2.682	0.030	Significant	Education level affects technology anxiety
Anxiety				in SST adoption

## ANOVA by Age

Construct	<b>F-value</b>	p-value	Significance	Interpretation
Need For	2.615	0.050	Significant	Age impacts the desire for human
Interaction				interaction
Performance	3.207	0.022	Significant	Different age groups expect different
Expectancy				levels of performance from SSTs
Output Quality	5.422	0.001	Significant	Perception of quality varies by age
Result	6.029	0.000	Significant	Visibility of results is age-dependent
Demonstrability				
Additional	3.828	0.010	Significant	Value-added services are viewed
Benefits				differently by age



## ANOVA by Region of India

Construct	F-value	p-value	Significance	Interpretation
Awareness	13.327	0.000	Significant	Awareness varies across regions
Technology Anxiety	49.304	0.000	Significant	Tech anxiety is highly region- dependent
Subjective Norm	11.954	0.000	Significant	Social influences vary by region
Image	43.740	0.000	Significant	Image perception differs across regional cultures
Facilitating Conditions	2.728	0.028	Significant	Availability of resources differs across regions
Performance Expectancy	36.204	0.000	Significant	Perception of performance is regionally influenced
Hedonic Motivation	17.074	0.000	Significant	Enjoyment in using SSTs varies by region
Job Relevance	29.208	0.000	Significant	Perceived job relevance differs across regions
Voluntariness	3.688	0.005	Significant	Willingness to use SSTs varies by regional norms
Output Quality	86.666	0.000	Significant	Major regional differences in perceived SST output quality

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Result Demonstrability	42.656	0.000	Significant	Demonstrability varies significantly across Indian regions
Additional Benefits	26.143	0.000	Significant	Regional variation in perception of extra features of SSTs
Experience	3.097	0.015	Significant	User experience differs across regional demographics
Perceived Trust	25.894	0.000	Significant	Trust varies widely across regional populations
Perceived Usefulness	3.825	0.004	Significant	Usefulness is seen differently by different regional populations
Perceived Risk	13.657	0.000	Significant	Risk perception is regionally dependent
Perceived Self- efficacy	4.168	0.002	Significant	Self-efficacy differs significantly across regions
Perceived Ease of Use	33.662	0.000	Significant	Ease of use varies by region
Attitude Toward Use	11.070	0.000	Significant	General attitude differs across India
Intention To Use	35.948	0.000	Significant	Behavioral intentions differ based on regional backgrounds



Continuance	26.600	0.000	Significant	Continued use intention is highly
Intentions			C	influenced by regional differences

### **RECOMMENDATIONS:**

Based on the findings of this study, several key recommendations can be made for banking institutions and policymakers in India to enhance the adoption of Self-Service Technologies (SSTs). Firstly, banks should develop region-specific marketing campaigns to cater to the diverse technological readiness across India. In technologically advanced regions, the focus of campaigns could be on the convenience and advanced features of SSTs, whereas in less developed areas, banks could emphasize ease of use and introduce educational sessions to reduce technology anxiety. Additionally, banks should consider designing personalized user experiences based on demographic factors such as gender and age. For example, simplifying user interfaces for elderly customers and creating more engaging, interactive interfaces for younger users can help bridge the digital divide. Furthermore, ensuring gender-neutral design in SSTs can promote inclusivity and increase the accessibility of these technologies. Collaborating with government initiatives to promote digital literacy in regions with lower technological awareness could significantly reduce technology anxiety and increase the acceptance of SSTs. As technology adoption is influenced by educational qualification, banks should offer differentiated customer support services, including multilingual help desks and easy-to-understand educational materials. This would help cater to customers with varying levels of education and technological expertise. Finally, it is crucial for banks to establish continuous feedback loops to monitor user attitudes and identify barriers to SST adoption. Regularly gathering and analyzing data from diverse demographic groups would enable banks to refine their services and ensure that SSTs remain relevant and user-friendly over time.

### **CONCLUSION AND IMPLICATIONS:**

The findings of this study emphasize the significant role that demographic factors, particularly region, play in the acceptance of Self-Service Technologies (SSTs) within the Indian banking sector. The results indicate that different regions exhibit varying levels of technology adoption, largely influenced by local infrastructural conditions, digital literacy, and cultural differences. This highlights the need for banks to adopt region-specific strategies when promoting SSTs.

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For instance, in regions with lower levels of technological familiarity, banks could implement digital literacy programs to ease technology anxiety and encourage adoption. Additionally, the design of SST interfaces should be gender-sensitive and age-appropriate to cater to the unique needs of male and female users, as well as younger and older generations. Tailoring both the functionality and promotion of SSTs based on demographic characteristics is likely to improve customer engagement and satisfaction. By understanding the diverse preferences and challenges faced by different demographic groups, banks can enhance user experience, leading to higher acceptance and long-term, sustained usage of self-service technologies. Therefore, adopting a more personalized approach to SST design and promotion could help overcome barriers to adoption and significantly increase the effectiveness of banking institutions' digital transformation strategies.

### LIMITATIONS AND FUTURE RESEARCH

While this study provides valuable insights into the factors influencing SST adoption in the Indian banking industry, several limitations must be considered. Firstly, the sample used in this study, although diverse, may still be skewed towards certain socio-economic or urban areas, particularly in terms of internet access and technology literacy. Future research should aim for a more representative and inclusive sample, particularly focusing on underrepresented rural populations with limited exposure to digital technologies. Moreover, this study is crosssectional in nature, which limits the ability to draw conclusions about causal relationships between the identified factors and SST adoption. Longitudinal studies could offer a more comprehensive understanding of how technology acceptance evolves over time, particularly as users gain more experience with SSTs. Additionally, while this study focused on demographic variables and their influence on technology acceptance, future research could explore other psychological and cultural factors, such as attitudes toward technology and social influence, which may also play significant roles in shaping user behavior. Another limitation is the regional variability within India; future research could focus on a deeper exploration of the specific barriers and enablers in different regions to understand the unique challenges faced by users. Lastly, comparative cross-national studies could offer a broader perspective on the findings, as examining SST adoption across other emerging economies with similar demographic profiles—such as Brazil, China, or South Africa—would help identify global patterns and provide insights into the generalizability of the results.



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